



CF LIVER DISEASE (CFLD)

Name: _____

Date: _____

Note: **This is not a test.** This assessment has been developed to help you become more knowledgeable about your CF, with the help of your CF care team.

This assessment is to be completed by a person who is 16 or older with cystic fibrosis. For each question, please read all the answer choices carefully before choosing the one answer you think is best. If you don't know the answer, leave it blank and move on to the next question.

1. Which of the following is correct?

- a) CFLD occurs because people with CF have damaged lungs
- b) CFLD occurs because the pancreas does not secrete enough chemicals and digestive enzymes for normal digestion to occur
- c) CFLD occurs because people with CF have sticky bile, a fluid in the liver that helps digestion. This can block the bile ducts (or tubes) in the liver. Over time, blockages can cause scarring in the liver.

2. How often does the CF Foundation recommend a person with CF, without liver disease, get an abdominal ultrasound?

- a) Every year
- b) Every year starting at age 3
- c) Every two years starting at age 3
- d) Every five years

3. Cirrhosis is:

- a) Bleeding in the liver
- b) Scarring of the liver
- c) Build-up of bile in the liver
- d) All of the above

4. Portal hypertension is a common problem that can happen with CFLD. It refers to:

- a) Scarring of the liver
- b) Increased blood pressure in the liver
- c) Bile build-up in the liver
- d) All of the above

5. Symptoms of CF liver disease may be:

- a) Headaches, fever, and decline in lung function
- b) Joint pain, exhaustion, and muscle spasms
- c) Fatigue, bruising, and jaundice

6. To treat CFLD, you should see a specialist called a _____, in addition to the CF care team.

- a) Podiatrist
- b) Hepatologist or a gastroenterologist (GI doctor)
- c) Gynecologist
- d) General practitioner or family doctor

7. What is true about CFTR modulators and the liver?

- a) It is safe for some people with CF liver involvement to take CFTR modulators
- b) People with advanced liver disease may not be able to take CFTR modulators
- c) It is recommended that a hepatologist or GI doctor and a pharmacist closely watch people with CF liver involvement who take CFTR modulators
- d) People with CF who start a new CFTR modulator should get blood tests to check their liver
- e) All of the above

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